

July 2025 College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2:00 Sunday Rummikub 3W 3:00 Scrabble Game MR 4:00 Garden Walks on Your Own	8:30 AquaFit in the Pool 10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 1:00 Bridge 101 3W 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 6:30 Evening Bingo HR	10:00 Chair Yoga HR 10:30 Baking Fun 3E 1:00 Yahtzee Dice Game 3E 1:15 Cogni-Fit GR 1:30 UNO Game 3E 2:00 Open Gym WC 2:30 Trip to Fresh Market 4:00 Resident Social HR	10:00 ChExercise HR 10:30 Fruit Smoothies 3E 11:00 Scrabble Game 3E 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Mahjong Group 3W 2:00 Chairbics GR 2:30 Group Crosswords HR 3:30 Beer and Billiards GR	10:00 Chair Yoga HR 10:30 Cooking Fun 3E 11:00 Bible Sharing HR 1:00 Crocheting Fun 3E 1:15 Cogni-Fit GR 2:00 Music from Forrest Gump 3E 4:00 Easy Crossword Group 3E	10:00 ChExercise GR 10:00 Catholic Mass HR 12:00 Main Meal DR 1:15 Cogni-Fit GR 2:00 4th of July Music w/ John HR 3:00 Cookies and Punch MR Happy 4th of July!	10:00 Rummikub 3W 10:15 Chairbics GR 11:00 Non-Denominational Chapel Service HR 1:30 Movie Matinee "Forrest Gump" starring Tom Hanks HR 2:00 Chess with Friends MR 2:45 Scrabble Game GR 3:30 Beer and Billiards GR
2:00 Sunday Rummikub 3W 3:00 Scrabble Game MR 4:00 Garden Walks on Your Own	8:30 AquaFit in the Pool 10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 1:00 Bridge 101 3W 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 6:30 Evening Bingo HR	10:00 Chair Yoga HR 10:30 Trip to Dillards or Home Goods at Tyrone Mall 1:15 Cogni-Fit GR 2:00 Room Visits 3W 2:30 Trip to Publix 4:00 Wine Tasting HR	10:00 ChExercise HR 10:30 Jenga Tower Game 3E 11:00 Nail Polish Change 3E 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Chairbics GR 2:00 Mahjong Group 3W 2:30 Group Crosswords HR 3:30 Beer and Billiards GR 4:00 Rummikub 3E	10:00 Chair Yoga HR 10:30 Cooking Fun 3E 11:00 Bible Sharing HR 1:00 Crocheting Fun 3W 1:15 Cogni-Fit GR 1:30 Resident Council Meeting HR 2:30 New Resident Orientation HR 4:00 Lemonade Cocktails MR	10:00 ChExercise GR 11:20 Lunch Outing to The Olive Garden in Pinellas Park 1:15 Cogni-Fit GR 1:15 Bingo HR 2:30 "Baseball in Pinellas County" Meet the Author Dan Hirshberg HR **New Presentation** 4:00 Social Hour 3E	10:00 Rummikub 3W 10:15 Chairbics GR 11:00 Non-Denominational Chapel Service HR 1:15 Depart for Freefall Theatre's "The House of Future Memory" \$55 2:00 Chess with Friends MR 2:45 Scrabble Game MR 3:30 Beer and Billiards GR
2:00 Sunday Rummikub 3W 3:00 Scrabble Game MR 4:00 Garden Walks on Your Own	8:30 AquaFit in the Pool 10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 12:00 Veterans' Luncheon HR 1:00 Bridge 101 3W 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 6:30 Evening Bingo HR	10:00 Chair Yoga HR 10:30 Baking Fun 3E 11:00 Adult Coloring Therapy 3E 1:00 Rummikub 3W 1:15 Cogni-Fit GR 2:30 Trip to Aldi Grocery Store 2:30 Piano Music with John HR 4:00 Resident Social HR	10:00 ChExercise HR 10:30 Green Smoothies 3E 11:00 Nail Polish Change 3W 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Mahjong Group 3W 2:30 Group Crosswords HR 3:30 Beer and Billiards GR 4:00 Social Hour for 2W and 3W Residents on 3W	10:00 Chair Yoga HR 10:30 Cooking Fun 3E 11:00 Bible Sharing HR 1:00 Crocheting Fun 3E 1:15 Cogni-Fit GR 2:00 Rummikub 3E 3:00 Painting Fun 3E 4:00 July Birthday Party HR	10:00 ChExercise GR 10:30 Catholic Communion HR 11:00 Board Games 3E 1:15 Cogni-Fit GR 1:15 Bingo HR 2:00 Trip to Kilwins Chocolates Downtown St. Pete "Life is a Box of Chocolates" 2:30 Wii Bowling 3E 4:00 Social Hour 3E	10:15 Chairbics GR 11:00 Non-Denominational Chapel Service HR 1:15 Depart for the Grand Opening of The Beach Theatre on Corey Avenue featuring a Historical Documentary and Live Entertainment \$25 3:30 Beer and Billiards GR
2:00 Sunday Rummikub 3W 2:00 Musical Program with Will and Michele HR 3:00 Scrabble Game MR 4:00 Garden Walks on Your Own	8:30 AquaFit in the Pool 10:00 ChExercise HR 11:00 Advanced Weight Lifting WC 11:30 Activity Planning Meeting 1W 1:00 Bridge 101 3W 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 6:30 Evening Bingo HR	10:00 Chair Yoga HR 10:30 Baking Fun 3E 1:00 Yahtzee Dice Game 3E 12:15 Depart for Asolo Theater in Sarasota "Summer Circus Spectacular" 2 pm Show \$20 1:15 Cogni-Fit GR 4:00 Resident Social HR	10:00 ChExercise HR 10:45 Morning Tea Party 3E 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Chairbics GR 2:00 Mahjong Group 3W 2:30 Group Crosswords HR 3:30 Beer and Billiards GR 4:30 Ladies Outing to Habana Cafe in Gulfport Cuban Cuisine	10:00 Chair Yoga HR 10:30 Cooking Fun 3E 11:00 Stretching Class 11:00 Bible Sharing HR 1:15 Cogni-Fit GR 2:00 Open Gym WC 4:00 Friends and Family "Forrest Gump" Dinner Party HR/DR/GR	10:00 ChExercise GR 11:00 Skip-Bo Card Game 3E 1:15 Cogni-Fit GR 1:15 Bingo HR 2:00 Open Gym WC 2:30 Wii Bowling 3E 4:00 Social Hour 3E	10:00 Rummikub 3W 10:15 Chairbics GR 11:00 Non-Denominational Chapel Service HR 1:15 Saturday Bingo HR 2:00 Chess with Friends MR 2:45 Scrabble Game GR 3:30 Beer and Billiards GR
1:30 Jewelry Making with Michele GR 2:00 Sunday Rummikub 3W 3:00 Scrabble Game MR 4:00 Garden Walks on Your Own	8:30 AquaFit in the Pool 10:00 ChExercise HR 11:00 Advanced Weight Lifting WC 1:00 Bridge 101 3W 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 6:30 Evening Bingo HR	10:00 Chair Yoga HR 10:30 Baking Fun 3E 1:00 Rummikub 3W 1:15 Cogni-Fit GR 2:30 Trip to Dollar Tree 2:30 Piano Music with John HR 4:00 Resident Social HR 4:30 Guys Outing to The Island Grille in Tierra Verde	10:00 ChExercise HR 10:30 UNO Card Game 3E 11:00 Adult Coloring Therapy 3E 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Chairbics GR 2:30 Group Crosswords MR 3:30 Beer and Billiards GR 4:00 Rummikub 3E	10:00 Chair Yoga HR 10:30 Cooking Fun 3E 11:00 Bible Sharing HR 1:00 Crocheting Fun 3E 1:15 Cogni-Fit GR 2:00 Coffee and Danishes 3E 4:00 Blackjack with Prizes HR	4th- Lynne D. 2W 10th- Patrick W. 3W 15th- Jamie R. 3W 22nd- Thurman M. 3E 24th- Janice L. 2W 30th- Marcia H. 2W	