















January 2019 College Harbor Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy New Year!! Enjoy!!!	New Year's Day!! 10:00 Chairobics HR 11:00 Aqua-Fit 1:00 Flexibility GR 2:00 Cogn-Fit GR	10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 3:30 Special and Regular Bingo HR .75 a Board	10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross GR 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice MR 4:00 1st FL Block Party HR	8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga HR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo HR 1:30 Trip to Trader Joe's 7:30 & 10:30 Movie CH 96 	11:00 Chapel Service HR 1:30 Chairobics HR 2:15 Trip to Bealls 2:00 Brain Fitness GR 2:00 Move CH 732 7:30 & 10:30 Movie CH 732
9:00 Catholic Service HR 1:00 /4:00 Pro Football Games GR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:00 Poker Game 5W 7:30 & 10:30 Movie CH 732	10:00 Chairobics HR 1:15 St. John's Hearing Clinic WC 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo 	9:00 Trip to Banks & Post Office 10:00 Chairobics HR 12:30 Movie Outing TBA Sundial \$5 1:15 Hand and Foot Cards 3E 2:30 Trip to Walmart 4:00 Resident Social HR 	10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 4:00 Friends & Family Italian Theme Dinner Party DR/HR/GR	FL Orchestra Coffee Concert Depart: 10:20 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross GR 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:30 Wii Bowling Practice HR 3:30 4th FL Block Party HR	8:00 Beach walk St. Pete Beach 9:00 Fishing at the Seawall 8:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga HR 11:15 Balance 101 GR  11:30 Lunch Outing to Bascom's 1:00 Beginning Strengthening GR 1:15 Bingo HR 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96 Goodwill Donation Drive Starts	10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training GR 1:15 Florida Orchestra Concert "Unforgettable: 100 Years of Nat & Natalie" Tickets \$36-\$45 2:00 Brain Fitness GR 2:00 Movie CH 732 7:30 & 10:30 Movie CH 732
9:00 Catholic Service HR 1:00 /4:00 Pro Football Games GR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:00 Poker Game 5W 7:30 & 10:30 Movie CH 732	10:00 Chairobics HR 10:30 Painting with John HR 11:00 Stamping Class GR 1:15 Bridge 5W  1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crossword GR 6:30 Evening Bingo	8:00 Men/Ladies Prayer Breakfast HR 9:00 Trip to Banks & Post Office 9:30 Current Events Discussions GR 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to "Left Bank French Bistro" St. Pete 1:00 Basic Flexibility GR 1:30 Painting with John HR 3:00 Trip to the Dollar Tree 4:00 Wine Tasting HR 	10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 3:30 Special and Regular Bingo HR 4:30 Dinner Outing to Middle Grounds in Treasure Island	10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross Great Room 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR 3:30 5th FL Block Party HR	8:00 Omelet Morning DR 8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga HR  11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo HR 1:30 Trip to Peltz Shoes 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96	10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training GR 2:00 Brain Fitness GR 2:00 Move CH 732 7:30 & 10:30 Movie CH 732 Goodwill Drive Ends 
9:00 Catholic Service HR 1:00 /4:00 Pro Football Games GR 1:15 FL Orchestra "Schubert's Sympony No. 9" MT \$39 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732	10:00 Chairobics HR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo  Martin Luther King Jr. Day	8:00 Men's Breakfast GR 9:00 Trip to Banks & Post Office 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to "Ulele's" Tampa Riverwalk 1:00 Basic Flexibility GR 1:30 Trip to Aldi Grocery Store 2:00 Active Mind GR 4:00 Resident Social HR	10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 3:00 IN2L T.V Games HR 4:00 Resident Town Hall HR	10:00 Michele's Jewelry 1E 10:00 Chairobics HR 11:00 Bible Sharing w/Pastor Ross GR 11:00 Aqua Fit Pool 1:00 Weight Training WC  1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice MR 4:00 Monthly Birthday Party HR	8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga HR 11:15 Balance 101 GR 11:30 Movie Outing TBA 1:00 Beginning Strengthening GR 1:15 Bingo HR  2:00 Cogni Fit GR	10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training GR 1:30 Trip to CVS or Walgreens 2:00 Brain Fitness GR 2:00 Movie CH 732 2:00 "Piano Music By Lito" MR 7:30 & 10:30 Move CH 96
9:00 Catholic Service HR 1:00 /4:00 Pro Football Games GR 2:00 Entertainment By "Will & Michele" Harbor Room 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732	10:00 Chairobics HR 10:30 Painting with John HR 11:00 Stamping Class GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo 	9:00 Trip to Banks & Post Office 9:30 Current Events Discussions GR 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to "Datz American" South Tampa 1:00 Basic Flexibility GR 1:15 Hand and Foot Cards 3E 2:00 Active Mind GR 4:00 Blackjack with Prizes HR	9:00 Fishing at the Seawall 10:00 Chair Yoga GR  10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 3:30 Special and Regular Bingo HR .75 a Board	10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross Great Room 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 1:30 IN2L Crosswords HR 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR	Room Key 1W- 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room	Olli Classes Classes Fill Fast So Call Early! Need Help Enrolling Call #5211 Members \$10 Non Member \$25 