













# March 2019

# College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Key 2W- 2nd Floor West Building 3W- 3rd Floor West Building 5W- 5th Floor West Building 3E- 3rd Floor East Building HR- Harbor Room MR- Morning Room GR- Great Room</p>	<p>Please contact the Activity Department if you have any suggestions, questions, or comments! Ext. 5272</p> 	 <p>8th - Theresa B. 3W</p>	<p>"Green is the prime color of the world, and that from which its loveliness arises."</p> <p>Pedro Calderon de la Barca</p>		<p>10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board GR <b>1:30 Trip to Dollar Tree</b> 2:00 Cogni-Fit in Library</p>	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Chapel Service HR <b>1:30 Trip to Bealls Store</b> 3:00 Saturday Scrabble Game 5W 3:30 Movie Channel 732</p> 
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 1:15 Wii Bowling HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p>	<p>8:00 Men &amp; Ladies Prayer Breakfast HR 9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 10:00 Canasta 3E 1:15 Hand and Foot Cards 3E <b>2:30 Trip to Walmart</b> 4:00 Resident Social HR</p>	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard <b>2:30 Piano Music by Lito MR</b> 3:30 Special and Regular Bingo .75 HR</p> 	<p>9:15 Coffee and Current Events 3E 10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 3:00 Beginner Wii Bowling MR</p>	<p>9:00 Fishing at the Seawall 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga HGR 11:15 Balance 101 GR <b>11:30 Lunch Outing to O'Bistro</b> 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board HR 2:00 Cogni-Fit GR</p>	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Chapel Service HR 11:00 Aqua Fit in the Pool 1:00 Beginning Weight Training WC <b>1:00 Trip to Ikebana Exhibit in Treasure Island \$5</b> 2:00 Brain Fitness GR</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732</p> <p>Daylight Savings Turn Clock Back One Hour</p>	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR <b>10:30 Painting with John HR</b> 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p>	<p>9:45 Rummikub 3W 10:00 Chairiobics HR 10:00 Canasta 3E 11:00 Aqua Fit in the Pool 1:15 Hand and Foot Cards 3E <b>2:30 Trip to Trader Joe's</b> <b>4:00 Wine Tasting HR</b></p> 	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:30 Afternoon Shuffleboard 2:00 Cogni-Fit HR <b>4:00 Friends and Family "Mardi Gras Celebration" Themed Dinner HR/DR/GR</b></p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 1:30 Manicures 3W 3:00 Beginner Wii Bowling HR</p>	<p>8:00 Omelet Morning 2W/3E 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board HR 2:00 CogniFit GR</p>	<p>10:00 Chairiobics GR 11:00 Aqua Fit in the Pool 11:00 Chapel Service HR 1:00 Beginner Weight Training WC <b>1:30 Trip to Dollar Tree</b> <b>7:15 FL Orchestra "Broadway Tonight" Mahaffey \$</b></p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p> 	<p>8:00 Men and Ladies Prayer Breakfast HR 9:45 Rummikub 3W 10:00 Canasta 3E 1:15 Hand and Foot Cards 3E <b>1:30 Painting with John HR</b> 2:00 Rootbeer Floats MR 2:00 Active Mind GR <b>4:00 St. Patrick's Day Social HR</b></p>	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:30 Afternoon Shuffleboard 1:30 Making Mini White Chocolate Raspberry Cheesecakes 3E <b>2:30 New Resident Orientation HR</b> 3:30 Special and Regular Bingo.75 HR</p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing w/ Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 1:30 Manicures 3E 2:00 Cranium Crunches GR 3:00 Beginner Wii Bowling HR</p>	<p>9:15 Coffee and Current Events 3E 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga HR 11:15 Balance 101HR <b>11:30 Movie Outing TBA</b> 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board HR 2:00 CogniFit GR</p> 	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR <b>10:00 Shuffleboard Charity Tournament Downtown St Pete</b> 11:00 Aqua Fit in the Pool 11:00 Chapel Service HR <b>11:30 Lunch Outing to Tony &amp; Nello's</b> 1:00 Beginner Weight Training GR 3:00 Saturday Scrabble Game 5W</p>
<p>9:00 Catholic Service HR <b>2:00 Entertainment by Will and Michelle MR on the 24th Only</b> 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR <b>10:30 Painting with John HR</b> 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bineo HR .50</p> 	<p>8:00 Men's Breakfast GR 9:45 Rummikub 3W 10:00 Canasta 3E 11:00 Aqua Fit in the Pool 11:15 Room Visits 3W 1:15 Hand and Foot Cards 3E <b>1:30 Trip to Walmart</b> 2:00 Active Mind GR <b>4:00 Blackjack with Prizes HR</b></p>	<p>9:00 Fishing at the Seawall 9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:30 Afternoon Shuffleboard 1:30 Resident Game Choice 3E <b>2:30 Piano Music by Lito MR</b> 3:30 Special and Regular Bingo .75 HR <b>4:30 Dinner Outing to Snappers Sea Grill</b></p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 3:00 Beginner Wii Bowling MR <b>4:00 March Birthday Party HR</b></p>	<p>10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board GR <b>1:30 Trip to Aldi Grocery Store</b> 2:00 CogniFit GR</p>	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Aqua Fit in the Pool 11:00 Chapel Service HR 1:00 Beginner Weight Training GR <b>1:20 Freefall Theatre "Crumbs from the Table of Joy" \$36.50</b> 3:00 Saturday Scrabble Game 5W</p>

