
















March 2019 College Harbor Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>March is a Great Month for Being Outdoors! Enjoy!</i>	Room Key 1W - 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room	Olli Classes Classes Fill Fast So Call Early! Need Help Enrolling Call #5211 Members \$10 Non Member \$25 	8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 10:45 Trip to Tampa Bay Downs Horse Racing & Lunch 11:15 Balance 101 GR 1:00 Beginning Strengthening WC 1:15 Bingo GR 1:30 Trip to Dollar Tree 2:00 Cogni-Fit Library 7:30 & 10:30 Movie CH 96 	10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training WC 1:30 Trip to Bealls 2:00 Brain Fitness GR 2:00 Move CH 732 3:00 Saturday Scrabble Game 5W 7:30 & 10:30 Movie CH 732 
9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732 	3 10:00 Chairobics HR 1:15 St. John's Hearing Clinic WC 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo 	4 8:00 Men/Ladies Prayer Breakfast 9:00 Trip to Banks & Post Office 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to "Maggiano's Little Italy" Westshore 1:00 Basic Flexibility HR 1:15 Hand and Foot Cards 3E 2:00 Active Mind HR 2:30 Trip to Walmart 4:00 Resident Social HR	5 10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 HR 1:00 Beginning Strengthening HR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 2:30 Piano Music By Lito MR 3:30 Special & Regular Bingo .75	6 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing /Pastor Ross GR 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:30 Wii Bowling Practice MR 4:00 1st FL Block Party HR	7 8:00 Beach walk St. Pete Beach 9:00 Fishing at the Seawall 8:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 11:30 Lunch Outing to "O'Bistro" 1:00 Beginning Strengthening GR 1:15 Bingo HR 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96	8 10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training WC 1:00 Trip to Ikebana Exhibit & Demo Treasure Island Civic Center 2:00 Brain Fitness GR 2:00 Movie CH 732 7:30 & 10:30 Movie CH 732 
9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732 	10 10:00 Chairobics HR 10:30 Painting with John HR 11:00 Stamping & Craft Class GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crossword GR 6:30 Evening Bingo 	11 9:00 Trip to Banks & Post Office 9:30 Current Events Discussions GR 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to "Mis en Place" Gourmet Restaurant 1:00 Basic Flexibility GR 2:00 Active Mind HR 2:30 Trip to Trader Joe's 4:00 Wine Tasting HR 	12 10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 4:00 Friends & Family "Carnival/Mardi Gras Themed"	13 10:20 FL Orchestra Coffee Concert 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross GR 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR 3:30 4th FL Block Party 4W	14 8:00 Omelet Morning DR 8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo HR 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96	15 10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training WC 1:30 Trip to Dollar Tree 2:00 Brain Fitness GR 2:00 Move CH 732 7:15 FL Orchestra "Broadway Tonight" Mahaffey Theatre \$
9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732 	17 10:00 Chairobics HR 11:00 Activity Planning Meeting GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo 	18 8:00 Men/Ladies Prayer Breakfast 9:00 Trip to Banks & Post Office 10:00 Chairobics HR 11:00 Aqua Fit Pool 10:45 Lunch Outing to "Columbia Restaurant" Sarasota 1:00 Basic Flexibility GR 1:30 Painting with John HR 2:00 Active Mind GR 4:00 St. Patrick's Day Social HR	19 10:00 Chair Yoga HR 10:45 Publix Trip 11:15 Balance 101 HR 1:00 Beginning Strengthening GR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 1:30 Making Mini White Cheesecake 3E 2:00 Cogni Fit GR 2:30 New Resident Orientation HR 3:00 Specials & Regular Bingo .75 HR	20 10:00 Chairobics HR 11:00 Bible Sharing w/Pastor Ross 11:00 Aqua Fit Pool 1:00 Weight Training WC 1:30 Flower Arranging Class HR 1:15 Pinochle Card Game 3E 2:00 Cranium Crunches GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR 3:30 5th FL Block Party 5W	21 8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 11:30 Movie Outing TBA 1:00 Beginning Strengthening GR 1:15 Bingo HR 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96	22 10:00 Chairobics GR 10:00 Shuffleboard Charity Tournament at Shuffleboard Club Free 11:00 Chapel Service HR 11:00 Aqua Fit Pool 11:30 Lunch Outing to Tony & Nello 1:00 Beginning Weight Training WC 2:00 Brain Fitness GR 2:00 Movie CH 732 7:30 & 10:30 Movie CH 96 
9:00 Catholic Service HR 2:00 Entertainment By "Will & Michele" Morning Room (24th) 3:30 Movie CH 732 7:30 & 10:30 Movie CH 732	24/31 10:00 Chairobics HR 10:30 Painting with John HR 11:00 Stamping & Craft Class GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo 	25 8:00 Men's breakfast GR 9:00 Trip to Banks & Post Office 9:30 Current Events Discussions GR 10:00 Chairobics HR 11:00 Aqua Fit Pool 11:20 Lunch Outing to The Famous "Dr. BBQ" Yum! Yum! 1:00 Basic Flexibility GR 1:15 Hand and Foot Cards 3E 1:30 Trip to Walmart 2:00 Active Mind GR 4:00 Blackjack with Prizes HR	26 10:00 Chair Yoga HR 10:45 Publix Trip 11:15 Balance 101 HR 1:00 Beginning Strengthening HR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard CT 2:00 Cogni Fit GR 2:30 Piano Music By Lito MR 3:30 Special and Regular Bingo HR .75 4:30 Dinner Outing to "Snapper's Sea Grill" St. Pete Beach	27 10:00 Chairobics HR 10:00 Michele's Jewelry MR 11:00 Aqua Fit Pool 11:00 Bible Sharing w/Pastor Ross GR 1:00 Weight Training WC 1:15 Pinochle Card Game 3E 1:30 IN2L Crosswords HR 2:00 Cranium Crunches GR 3:00 Beginner Wii bowling MR 4:00 Monthly B'day Party HR 	28 8:00 Beach walk St. Pete Beach 9:00 Fishing at the Seawall 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 10:00 "Art in Bloom" MFA & Lunch at Parkshore Grille 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo HR 2:00 Cogni Fit GR 7:30 & 10:30 Movie CH 96	29 10:00 Chairobics GR 11:00 Chapel Service HR 11:00 Aqua Fit Pool 1:00 Beginning Weight Training WC 2:00 FreeFall Theatre "Crumbs from the Table of Joy" \$36.50 2:00 Brain Fitness GR 2:00 Move CH 732 7:30 & 10:30 Movie CH 732