















# February 2019

# College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Room Key</b> 2W- 2nd Floor West Building 3W- 3rd Floor West Building 5W- 5th Floor West Building 3E- 3rd Floor East Building HR- Harbor Room MR- Morning Room GR- Great Room WC- Wellness Center</p>	<p><b>Please contact the Activity Department if you have any suggestions, questions, or comments! Ext. 5272</b></p> 	<p><b>Friends and Family 1920's Dinner Party</b></p> <p><b>Wednesday, February 13th! 4-6 pm</b></p>		<p><b>Happy Valentine's Day February 14th!</b></p> 	<p>10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR <b>11:30 Lunch Outing to the New Sea Hags on St Pete Beach</b> 1:15 Bingo .50 a board HR <b>2:30 Trip to Trader Joe's</b></p> 	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Chapel Service HR 1:00 Beginning Weight Training WC 3:00 Saturday Scrabble Game 5W 3:30 Movie Channel 732</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732 <b>6:30 Super Bowl- Patriots vs Rams</b></p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 1:15 Wii Bowling HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p>	<p>8:00 Men &amp; Ladies Prayer Breakfast HR 9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 10:00 Canasta 3E 11:15 Room sits 3W 1:15 Hand and Foot Cards 3E 4:00 Resident Social HR</p>	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:15 Group Crosswords GR 1:30 Afternoon Shuffleboard 2:00 Cogni-Fit HR</p> 	<p>9:15 Coffee and Current Events 3E 10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 3:30 Beginner Wii Bowling MR</p>	<p>9:00 Fishing at the Seawall 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board GR 2:00 Cogni-Fit GR 7:30 Movie Channel 732</p>	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Chapel Service HR 11:00 Aqua Fit in the Pool 1:00 Beginning Weight Training WC 2:00 Brain Fitness GR <b>3:30 Celebration of Life "James Zehender" HR</b></p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 10:30 Painting with John HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p>	<p>9:45 Rummikub 3W 10:00 Chairiobics HR 10:00 Canasta 3E 11:00 Aqua Fit in the Pool 1:15 Hand and Foot Cards 3E <b>3:00 Trip to the Dollar Tree</b></p> 	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:30 Afternoon Shuffleboard 2:00 Cogni-Fit HR <b>4:00 Friends and Family "Love the 20's" Dinner Party HR/GR/DR</b></p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 3:00 Beginner Wii Bowling MR <b>Happy Valentine's Day!</b></p>	<p>8:00 Omelet Morning 2W/3E 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Beginning Strengthening GR 1:15 Bingo .50 a board GR <b>2:00 Retirement Party for Lottie! 3E</b> 2:00 CogniFit GR</p>	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Aqua Fit in the Pool 1:00 Beginner Weight Training WC 2:00 Brain Fitness GR <b>2:00 Music by Lito MR</b> 3:00 Saturday Scrabble Game 5W</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie Channel 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 6:30 Evening Bingo HR .50</p> <p><b>Presidents' Day</b></p>	<p>8:00 Men and Ladies Prayer Breakfast HR 9:45 Rummikub 3W 1:00 Basic Flexibility GR 1:15 Hand and Foot Cards 3E 1:30 Painting with John HR 2:00 Active Mind GR <b>3:00 Trip to Walmart</b> <b>4:00 Wine Tasting HR</b></p> 	<p>9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR <b>1:30 Special Shuffleboard Tournament Staff vs Residents</b> 3:30 Special and Regular Bingo HR <b>6:15 American Stage's "Pipeline" \$42</b></p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing w/ Pastor Ross GR 11:00 Aqua Fit in the Pool 1:30 Making Bananna Nut Muffins 3E 2:00 Cranium Crunches GR 3:00 Beginner Wii Bowling MR</p>	<p>9:15 Coffee and Current Events 3E 10:00 Beginner Rummikub 3E/3W 10:00 Chair Yoga GR 11:15 Balance 101 GR <b>11:30 Movie Outing TBA</b> 1:00 Beginner Strengthening GR 1:15 Bingo .50 a board HR 2:00 CogniFit GR</p> 	<p>9:15 Coffee and Current Events 3E 10:00 Chairiobics GR 11:00 Aqua Fit in the Pool 1:00 Beginner Weight Training GR <b>1:20 Freefall Theatre "The Perfect Arrangement" \$36.50</b> 3:00 Saturday Scrabble Game 5W</p>
<p>9:00 Catholic Service HR <b>2:00 Entertainment by Will and Michelle HR</b> 7:30 &amp; 10:30 Movie CH 732</p> 	<p>9:15 Coffee and Current Events 3E 9:45 Rummikub 3W 10:00 Chairiobics HR 10:30 Painting with John HR 1:15 Bridge Card Game 5W 3:00 Group Crosswords GR 4:00 Tech Support #5211 6:30 Evening Bingo HR .50</p> 	<p>8:00 Men's Breakfast GR 9:45 Rummikub 3W 10:00 Canasta 3E 11:00 Aqua Fit in the Pool 11:15 Room Visits 3W 1:15 Hand and Foot Cards 3E <b>1:30 Trip to Aldi Grocery Store</b> 2:00 Active Mind GR <b>4:00 Blackjack with Prizes HR</b></p>	<p>9:00 Fishing at the Seawall 9:45 Publix Shopping Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:30 Afternoon Shuffleboard 1:30 Resident Game Choice 3E 2:00 CogniFit HR 3:30 Special and Regular Bingo .75 HR <b>4:30 Dinner Outing to Verducci's SPB</b></p>	<p>10:00 Rummikub 3W 10:00 Chairiobics HR 11:00 Bible Sharing with Pastor Ross GR 11:00 Aqua Fit in the Pool 1:15 Pinochle Card Game 3E 1:30 IN2L Crossword Puzzles HR 2:00 Cranium Crunches GR 3:00 Beginner Wii Bowling HR <b>4:00 February Birthday Party HR</b></p>		<p><b>11th</b> <b>Lucy S. 3E</b> <b>24th</b> <b>Ida M. 3W</b> <b>26th</b> <b>Marjorie D. 3W</b> <b>29th</b> <b>Eleanor M. 2W</b></p>

