

















# February 2020 College Harbor Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<p><i>February is a Great Month for Sharing Chocolates with Friends! Enjoy!</i></p> 	<p><b>Olli Classes at Eckerd College</b> Olli Classes Fill Quickly So Call Early! Need Help Enrolling Call #5211 Members \$10 Non Member \$25</p> 	<p><b>Room Key</b> 1W- 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East</p>	<p>HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center</p>	<p>10:00 Cardio Kickboxing GR <b>11:00 Chapel Service HR</b> 11:15 Chairobics GR 12:20 Opera "Porgy &amp; Bess" (Gershwins) From the Met at EC M\$20/NM\$25 1:00 Brain Fitness GR <b>1:30 Trip to Visual Arts Show Gulfport</b> 2:00 Beginning Weight Training WC 2:00 Movie CH 732 3:00 Canasta Game 3E 7:30 &amp; 10:30 Movie Channel 732</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 7325</p> 	<p>10:00 Chairobics HR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>8:00 Men/Ladies Prayer Breakfast HR 9:00 Trip to Banks &amp; Post Office 10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>10:45 Lunch Out to "Columbia" &amp; Scenic Ride to St. Armands Sarasota</b> 1:00 Active Mind GR 1:15 Hand and Foot Cards 3E <b>1:30 Painting with John HR</b> 2:00 Cardio Kickboxing GR 2:00 Rootbeer Floats MR 4:00 Resident Social HR</p>	<p>10:00 Chair Yoga GR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:30 Afternoon Shuffleboard CT 1:15 Group Crosswords MR 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR 3:30 Special and Regular Bingo HR</p>	<p>10:00 Tai Chi w/Alix HR 10:00 Rummikub 3W 11:15 Chairobics GR <b>11:00 Bible Sharing /Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:15 Bible Trivia HR 1:30 Crocheting Basics MR 2:00 Weight Training GR 3:00 Wii Bowling Practice HR 4:00 1st Floor Block Party HR</p>	<p>8:00 Beach walk St. Pete Beach <b>9:00 Fishing at the Seawall</b> 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR <b>1:30 Trip to Aldi Grocery Store</b> 2:00 Beginning Strengthening GR</p>	<p>10:00 Cardio Kickboxing GR <b>11:00 Chapel Service HR</b> 1:00 Brain Fitness GR <b>1:30 Trip to Bealls</b> 2:00 Beginning Weight Training WC 2:00 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Chairobics 4W <b>10:30 Painting with John GR</b> 1:15 Bridge 5W 1:15 Wii Bowling MR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crossword GR 6:30 Evening Bingo HR</p> 	<p>9:00 Trip to Banks &amp; Post Office 9:30 Current events Discussion GR GR 10:00 Tai Chi w/Alix HR <b>11:15 Lunch Out to "Bon Appetit"</b> 11:15 Chairobics GR 1:00 Active Mind GR <b>1:30 Trip to Walmart</b> 2:00 Cardio Kickboxing GR <b>3:00 Lito on Piano MR</b> 4:00 Resident Social HR</p>	<p>10:00 Chair Yoga HR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Afternoon Shuffleboard CT 2:00 Beginning Strengthening GR <b>4:00 F &amp; F Paris: City of Love Theme Dinner Party DR /HR /MR</b></p> 	<p>10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>11:00 Bible Sharing w/Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training GR 2:00 Designer Coloring Group MR 3:30 4th Floor Block Party 4W</p>	<p>8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR <b>10:00 Catholic Mass w/Fr. Wayne HR</b> 11:15 Balance 101 GR <b>11:30 Lunch Outing to Tsunami Japanese Steakhouse</b> 1:00 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR 4:00 Farewell Party for Donalie and The Kibbass HR</p> 	<p>10:00 Cardio Kickboxing GR <b>11:00 Chapel Service HR</b> 1:00 Brain Fitness GR 2:00 Beginning Weight Training WC 2:00 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Chairobics HR <b>11:15 Activity Planning Meeting 1W</b> 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>8:00 Men/Ladies Prayer Breakfast 9:00 Trip to Banks &amp; Post Office 10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>11:20 Lunch Out to "Carmel's Kitchen" Excellent Diverse Menu!</b> 1:00 Active Mind GR <b>1:30 Painting with John HR</b> 2:00 Cardio Kickboxing GR 2:00 Strawberry Shortcake Treat MR 4:00 Resident Social HR</p>	<p>10:00 Chair Yoga HR 10:45 Publix Trip <b>11:00 Closed Caption Phones -Talk GR</b> 11:15 Balance 101 HR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR 2:30 New Resident Orientation MR 3:30 Special and Regular Bingo HR <b>4:15 Dinner Outing to Billy's Stone Crab</b></p>	<p>10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>11:00 Bible Sharing w/Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training WC 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR <b>4:00 February B'day Party HR</b></p>	<p>8:00 Omelet Morning DR 8:00 Beach walk St. Pete Beach 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Bingo HR <b>1:30 Trip to Dollar Tree and Donna's Boutique</b> 2:00 Beginning Strengthening GR <b>7:30 &amp; 10:30 Movie CH 732</b></p>	<p><b>11:00 Chapel Service HR</b> <b>1:30 Trip to the Dali Museum "Midnight in Paris" Exhibit \$23</b> 2:00 Move CH 732 3:00 Canasta Game 3E 7:30 &amp; 10:30 Movie CH 732</p> <p style="text-align: center;"><b>No Exercise Classes today</b></p>
<p>9:00 Catholic Service HR <b>1:15 Florida Orchestra "Beethoven's Violin Concerto" MT</b> 2:00 Sunday Rummikub 3W <b>2:00 Entertainment By "Will &amp; Michele" Harbor Room</b> 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Chairobics HR <b>10:30 Painting with John GR</b> 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>8:00 Men's Breakfast GR 9:00 Trip to Banks &amp; Post Office 9:30 Current Events Discussion GR 10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>11:30 Lunch Out to "P F Chang's" International Mall</b> 1:00 Active Mind GR <b>1:15 Trip to Target</b> <b>3:00 Lito on Piano MR</b> 4:00 Blackjack with Prizes HR</p>	<p><b>10:00ish Ash Wed Ashes in Library</b> 10:00 Chair Yoga HR 10:45 Publix Trip 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Afternoon Shuffleboard CT 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR <b>4:00 Wine Tasting HR</b> Ash Wednesday</p> 	<p>10:00 Tai Chi w/Alix HR 11:15 Chairobics GR <b>11:00 Bible Sharing w/Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR 3:30 5th Floor Block Party 5W</p>	<p>8:00 Beach walk St. Pete Beach <b>9:00 Fishing at the Seawall</b> 9:30 Trip to Publix, CVS, Walgreens 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Bingo HR <b>1:30 Trip to Trader Joe's or Fresh Market</b> 2:00 Beginning Strengthening GR 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Cardio Kickboxing GR <b>11:00 Chapel Service HR</b> 11:15 Chairobics GR <b>12:20 Opera "Agrippina" (Handel) From the Met at EC M\$20/NM\$25</b> 1:00 Brain Fitness GR 2:00 Beginning Weight Training WC 2:00 Movie CH 732 3:00 Canasta Game 3E 7:30 &amp; 10:30 Movie CH 732</p>