










# March 2020

# College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732S</p> 	<p>10:00 Chairotics HR <b>11:00 Closed Caption Phone Info-Session Free GR</b> 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p>	<p>8:00 Men/Ladies Prayer Breakfast HR 10:00 Canasta 3E 10:00 Rummikub 3W 10:00 Tai Chi w/Alix HR 11:15 Chairotics GR 1:00 Active Mind GR 1:15 Hand and Foot Cards 3E <b>1:30 Painting with John HR</b> 2:00 Cardio Kickboxing GR 4:00 Resident Social HR</p>	<p>9:45 Publix Trip 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Afternoon Shuffleboard CT 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR 3:30 Special and Regular Bingo HR</p>	<p>10:00 Tai Chi w/Alix HR 10:00 Rummikub 3W 11:15 Chairotics GR <b>11:00 Bible Sharing /Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training GR 3:00 Wii Bowling Practice HR 4:00 Scrapbooking Group GR</p>	<p>10:00 Tai Chi w/Alix HR 10:00 Rummikub 3W 11:15 Chairotics GR <b>11:00 Bible Sharing /Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:15 Bingo HR <b>1:30 Trip to Aldi Grocery Store</b> 2:00 Weight Training GR 3:00 Wii Bowling Practice HR 7:30 &amp; 10:30 Movie Channel 732</p>	<p><b>11:00 Chapel Service GR</b> <b>1:30 Trip to Bealls</b> 2:00 Movie CH 732 3:00 Canasta Game 3E 7:30 &amp; 10:30 Movie Channel 732</p> <p><b>No Exercise Classes Today</b></p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732S</p> <p><b>Daylight Savings Time</b> Turn Clocks Forward 1 Hour</p>	<p>10:00 Chairotics HR <b>10:30 Painting with John GR</b> 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>9:30 Current Events Discussion GR 10:00 Canasta 3E/3W 10:00 Tai Chi w/Alix HR 11:15 Chairotics GR 1:00 Active Mind GR 1:15 Hand and Foot Cards 3E <b>1:30 Trip to Walmart</b> 2:00 Cardio Kickboxing GR <b>3:00 Lito on Piano MR</b> 4:00 Resident Social HR</p>	<p>9:45 Publix Trip 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Afternoon Shuffleboard CT 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR <b>4:00 F &amp; F "Mardi Gras" Theme Dinner Party DR GR HR</b></p>	<p>10:00 Tai Chi w/Alix HR 10:00 Rummikub 3W 11:15 Chairotics GR <b>11:00 Bible Sharing /Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training GR 2:30 Resident Council Meeting HR 3:00 Wii Bowling Practice HR 4:00 Scrapbooking Class GR</p>	<p><b>9:00 Fishing at the Seawall</b> 10:00 Dominoes Game 3E <b>10:00 Catholic Mass w/Fr. Wayne HR</b> 10:00 Chair Yoga GR 11:15 Balance 101 GR <b>11:30 Lunch Outing to Bascom's Chophouse</b> 1:00 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR</p> 	<p>10:00 Aqua Fit Pool <b>11:00 Chapel Service HR</b> 11:15 Cardio Kickboxing GR 12:20 Opera "Der Fliegende Hollander (Wagner) From the Met at EC MS20/NM\$25 1:00 Brain Fitness GR <b>1:30 Trip to Freefall Theatre's "Lone Star Spirits" \$42</b> 2:00 Beginning Weight Training WC 2:00 Movie CH 732</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Chairotics 4W 1:15 Bridge 5W 1:15 Wii Bowling MR 2:00 Jigsaw Puzzle Group 1W 6:30 Evening Bingo HR</p> 	<p>8:00 Mens/Ladies Prayer Breakfast 10:00 Canasta 3E/3W 10:00 Tai Chi w/Alix HR 11:15 Chairotics GR 1:00 Active Mind GR <b>1:30 Painting with John HR</b> 2:00 Mint Chocolate Ice Cream MR 2:00 Cardio Kickboxing GR <b>3:30 Nan Colton "Vision of France" HR</b> <b>Happy St Patrick's Day</b></p>	<p>9:45 Publix Trip 10:00 Chair Yoga HR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Afternoon Shuffleboard CT 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR 2:30 New Resident Orientation MR <b>4:00 Wine Tasting with Sean HR</b></p> 	<p>10:00 Tai Chi w/Alix HR 11:15 Chairotics GR <b>11:00 Bible Sharing w/Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training GR 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR 4:00 Scrapbooking Group GR</p>	<p>8:00 Omelet Morning DR 10:00 Resident Choice Activity 3E 10:00 Chair Yoga GR 11:15 Balance 101 GR <b>12:15 Ballet "Swan Lake" \$20/\$25</b> 1:00 Cogni Fit GR 1:15 Bingo HR <b>1:30 Trip to Michael's and Bed Bath and Beyond Bus 1 Only</b> 2:00 Beginning Strengthening GR</p>	<p><b>9:30 Shuffleboard Fundraiser</b> <b>8 Resident Team, Lunch &amp; Cheerleaders Welcome Free!!!</b> 10:00 Aqua Fit Pool <b>11:00 Chapel Service HR</b> 11:15 Cardio Kickboxing GR 1:00 Brain Fitness GR <b>1:30 Trip to Dollar Tree and Bealls Outlet</b> 2:00 Beginning Weight Training WC</p>
<p>9:00 Catholic Service HR <b>1:15 FL Orchestra "Bach's St. John Passion" w/Master Chorale MT</b> <b>2:00 Entertainment By "Will &amp; Michele" Harbor Room</b> 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p>	<p>10:00 Chairotics HR <b>10:30 Painting with John GR</b> 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>9:30 Current Events Discussion GR 10:00 Canasta 3E 10:00 Rummikub 3W 10:00 Tai Chi w/Alix HR 11:15 Chairotics GR 1:00 Active Mind GR <b>1:30 Trip to Target</b> <b>3:00 Lito on Piano MR</b> 4:00 Resident Social HR</p>	<p>9:45 Publix Trip 10:00 Chair Yoga HR 11:15 Balance 101 HR 1:00 Cogni Fit GR 1:15 Group Crosswords MR 1:30 Knitting Basics MR 2:00 Beginning Strengthening GR 3:30 Special and Regular Bingo HR <b>4:30 Dinner Outing to "Portofino's Italian Restaurant"</b></p>	<p>10:00 Tai Chi w/Alix HR 11:15 Chairotics GR <b>11:00 Bible Sharing w/Pastor Ross HR</b> 1:00 Cranium Crunches GR 1:30 Crocheting Basics MR 2:00 Weight Training WC 2:00 Designer Coloring Group MR 3:00 Wii Bowling Practice HR <b>4:00 March Birthday Party HR</b></p>	<p>9:00 Fishing off the Seawall 10:00 Card Play 3E 10:00 Chair Yoga GR 11:15 Balance 101 GR 1:00 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR 7:30 &amp; 10:30 Movie CH 732</p>	<p>10:00 Aqua Fit Pool <b>11:00 Chapel Service HR</b> <b>10:15 "Art in Bloom" MFA \$15 &amp; Lunch at Cafe</b> 11:15 Cardio Kickboxing GR 1:00 Brain Fitness GR 2:00 Beginning Weight Training WC 2:00 Move CH 732 3:00 Canasta Game 3E 7:30 &amp; 10:30 Movie CH 732</p>
<p>9:00 Catholic Service HR 2:00 Sunday Rummikub 3W 3:30 Movie CH 732 7:30 &amp; 10:30 Movie CH 732</p> 	<p>10:00 Chairotics HR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Jigsaw Puzzle Group 1W 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>8:00 Men's Breakfast GR 10:00 Canasta 3E 10:00 Rummikub 3W 10:00 Tai Chi w/Alix HR 11:15 Chairotics GR 1:00 Active Mind GR <b>1:30 Trip to Trader Joe's</b> <b>4:00 Blackjack with Prizes HR</b></p>	<p><b>March is a Great Month for Finding the Pot of Gold! Enjoy!</b></p>	<p><b>Room Key</b> 1W - 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center</p>	<p><b>HAPPY MARCH BIRTHDAYS</b></p> <p><b>8 TERRI B. 3W</b> <b>11 BERNICE R. 2W</b> <b>24 CARL D. 2W</b> <b>24 SEBASTIAN N. 3E</b></p>	