












May 2021 College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2nd- Bob G. 3E 8th- Luann D. 2W 12th- Neil S. 2W 14th- George M. 3W 15th- Grazina B. 3E 22nd- Katherine W. 3E	Room Key 1W- 1st floor West 2W - 2nd floor West 3W - 3rd floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center	For New Activity Ideas and Group Outings, please Call Heather Ext. 5272		Have a Wonderful Day!	10:15 Chairobics GR 10:30 Tech Support Call 5272 11:00 Chapel Service HR 1:15 Load for Florida Orchestra "Dvorak's New World Symphony" Mahaffey Theater \$38 3:00 Scrabble Game GR 4:00 Billiards and Beer GR
10:00 Garden Walks on Your Own 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard 	10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit HR 1:30 Craft Class GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR	9:00 Banking Trip 10:00 Tai Chi HR 11:00 Garden Walk 1:15 Cogni Fit HR 1:15 Load for Aldi Grocery Store 2:00 Weight Lifting HR 4:00 Resident Social HR 5:30 Puzzle Fun 3E 6:30 Evening Shuffleboard	10:00 Puzzle Fun 3E 11:00 Garden Walk 11:15 Aqua Fit 12:00 Cinco de Mayo Taco Bar Lunch and Sangria! DR 1:15 Cogni Fit GR 1:15 Room Visits 3E 2:00 Beginning Strengthening GR 3:00 Bingo HR 6:30 Evening Shuffleboard	10:00 Crazy Eights Card Game 3E 10:00 Tai Chi HR 11:00 Garden Walk 11:00 Bible Sharing /Pastor Ross HR 11:15 Chair Yoga HR 1:15 Cogni Fit GR 1:15 Room Visits 2W 2:00 Weight Lifting GR 6:30 Evening Shuffleboard	10:00 Catholic Mass HR 10:00 Chairobics GR 11:00 Garden Walk 11:15 Aqua Fit 1:15 Room Visits 3W 2:00 Balance 101 GR 2:30 Special Mother's Day Concert with Refreshments Following HR 6:30 Evening Shuffleboard	10:00 Rummikub 3W 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard 
10:00 Garden Walks on Your Own 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard Happy Mother's Day!	10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit HR 3:00 Group Crosswords GR 4:00 Garden Walks on Your Own 6:30 Evening Bingo HR	10:00 Trip to CVS 11:00 Garden Walk 1:15 Cogni Fit GR 1:15 Load for Publix 2:30 Music by Jerry Demark MR 3:15 Wii Golf HR 4:00 Resident Social HR 5:30 Puzzle Fun 3E 6:30 Evening Shuffleboard 	9:15 Current Events Discussion GR 10:00 Name 5 Trivia 3W 11:00 Sit and Be Fit 3W 1:15 Yahtzee Dice Game 3E 2:30 Resident Council Meeting HR 4:00 Wine Tasting Class HR 5:00 Strolling Loren on Ukele 2W/3E 5:30 Card Play 2W 6:30 Evening Shuffleboard	10:00 Rummikub 3W/3E 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Beginning Crocheting MR 2:30 Music Entertainment Concert Singer Anne Tormela HR 3:30 Happy Hour 2W 5:30 Adult Coloring Therapy 2W	10:00 Crazy Eights Card Game 2W 10:30 Catholic Communion HR 11:00 Garden Walk 11:30 Lunch Outing to Outback Steakhouse 1:00 Cogni Fit GR 1:15 Bingo HR 3:30 Happy Hour 3E 5:30 Movie Night 3E 6:30 Evening Shuffleboard	10:15 Chairobics GR 10:30 Tech Support Call 5272 11:00 Chapel Service HR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard 
10:00 Garden Walks on Your Own 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard 	10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit HR 3:00 Group Crosswords GR 4:00 Garden Walks on Your Own 6:30 Evening Bingo HR	10:00 Trip to Walgreens 11:00 Garden Walk 1:15 Load for Walmart 3:15 Wii Golf HR 4:00 Resident Social HR 5:30 Puzzle Fun 3E 6:30 Evening Shuffleboard 	10:00 Rummikub 3W 11:00 Sit and Be Fit 3W 1:15 Garden Walk 2:00 Special Event- "Love Letters" Read Aloud Play Directed by resident Shelby HR 4:00 Canasta Card Game HR 5:30 Card Play 2W 6:30 Evening Shuffleboard	10:00 Rummikub 3W/3E 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Cogni Fit GR 1:15 Beginning Crocheting MR 2:30 New Resident Orientation HR 3:30 Happy Hour 3W 5:30 Adult Coloring Therapy 2W 6:30 Evening Shuffleboard	9:00 Fishing at the Seawall 10:00 UNO Cards 3E 11:00 Garden Walk 11:15 Aqua Fit 1:15 Bingo HR 1:15 Load for Trader Joe's 2:00 Balance 101 GR 3:30 Happy Hour 3E 5:30 Movie Night 3E 6:30 Evening Shuffleboard 	10:15 Chairobics GR 10:30 Tech Support Call 5272 11:00 Chapel Service HR 1:15 Load for Florida Orchestra "Rhapsody in Blue" \$38 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard
10:00 Garden Walks on Your Own 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard 	10:00 Assessments with Alix HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 3:00 Group Crosswords GR 3:00 Afternoon Shuffleboard CT 6:30 Evening Bingo HR 24/31 Happy Memorial Day on the 31st!	9:00 Banking Trip 10:00 UNO Card Game 3E 11:00 Garden Walk 1:15 Load for Publix 2:30 Music by Jerry Demark MR 3:15 Wii Golf HR 4:00 Resident Social HR 5:30 Puzzle Fun 3E 6:30 Evening Shuffleboard 	9:15 Current Events Discussion GR 10:00 Trivia Game 3W 11:00 Sit and Be Fit 3W 12:00 Pool Party and BBQ Lunch! 2:00 Bead Art 3E 4:00 Blackjack with Prizes HR 5:30 Card Play 2W	10:00 Rummikub 3W/3E 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Cogni Fit GR GR 1:15 Beginning Crocheting MR 2:15 IN2L Brain Games HR 4:00 May Birthday Party HR 5:30 Adult Coloring Therapy 2W	10:00 Skip-Bo Cards 3E 10:00 Chair Yoga GR 10:30 Catholic Communion HR 11:00 Garden Walk 11:30 Lunch Outing to Olive Garden 1:15 Bingo HR 3:30 Happy Hour 3E 5:30 Movie Night 6:30 Evening Shuffleboard	10:15 Chairobics GR 10:30 Tech Support Call 5272 11:00 Chapel Service HR 1:15 Load for Florida Orchestra "Beethoven's Emperor Concerto" \$38 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard