









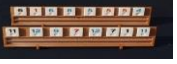



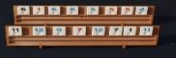




July 2021 College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>5th Lynn S. 3W 11th James F. 3W 13th Maranee B. 3E 16th Bob B. 2W 31st Ross Z. 2W</p>	<p>Room Key 1W - 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center</p>	<p>For New Activity Ideas and Group Outings, please Call Heather Ext. 5272</p>	<p>10:00 Rummikub 3W 10:00 Tai Chi HR 11:00 Bible Sharing /Pastor Ross HR 1:15 Cogni Fit GR 1:15 Beginning Crocheting MR 3:30 Wii Golf HR 4:30 Guys' Night Out at Vista Rooftop Bar Tierra Verde 6:30 Evening Shuffleboard</p>	<p>10:00 Resident Choice 3E 10:00 Catholic Mass HR 10:00 Chairobics GR 11:00 Garden Walk 11:15 Aqua Fit 1:30 Load for Publix 2:00 Balance 101 GR 6:30 Evening Shuffleboard</p>	<p>10:15 Chairobics GR 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard</p> 
<p>10:00 Garden Walks on Your Own 4 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard</p> 	<p>10:00 Chairobics HR 5 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit HR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p>	<p>10:00 Tai Chi HR 6 10:00 Crazy Eights Card Game 3E 11:00 Garden Walk 1:15 Cogni Fit HR 1:30 Load for Aldi Grocery Store 2:00 Weight Lifting HR 4:00 Resident Social HR 6:30 Evening Shuffleboard</p> 	<p>10:00 Chairobics HR 7 10:00 Rummikub 3W 1:15 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR 3:00 Poolside Social 4:00 Blackjack with Prizes HR 6:30 Evening Shuffleboard</p>	<p>10:00 Rummikub 3W 8 10:00 Tai Chi HR 11:00 Bible Sharing /Pastor Ross HR 1:15 Cogni Fit GR 1:15 Beginning Crocheting MR 2:30 FL Orchestra Violin Concert HR 3:30 IN2L Computer Games HR 6:30 Evening Shuffleboard</p>	<p>10:00 Resident Choice 3E 9 10:00 Chairobics GR 10:30 Garden Walk 11:15 Aqua Fit 11:15 Lunch Outing to Bascom's Chophouse 2:00 Balance 101 GR 3:30 Happy Hour 3E 6:30 Evening Shuffleboard</p> 	<p>10:00 Rummikub 3W 10 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard</p> 
<p>10:00 Garden Walks on Your Own 11 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard</p> 	<p>10:00 Chairobics HR 12 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Wii Bowling HR 1:15 Cogni Fit HR 1:30 Craft Class GR- Sign Up 3:00 Group Crosswords GR 4:00 Garden Walks on Your Own 6:30 Evening Bingo HR</p>	<p>10:00 Tai Chi HR 13 10:00 Crazy Eights Card Game 3E 11:00 Garden Walk 1:15 Cogni Fit GR 1:30 Load for Publix 2:30 Piano Music by Tony MR 3:15 Wii Golf HR 4:00 Resident Social HR 6:30 Evening Shuffleboard</p> 	<p>9:15 Current Events Discussion GR 14 10:00 Rummikub 3W 10:30 Jigsaw Puzzle Fun 3E 11:00 Sit and Be Fit 3W 1:15 Cogni Fit GR 1:15 Bingo HR 3:00 Poolside Social 4:00 Wine Tasting Class HR 6:30 Evening Shuffleboard</p>	<p>10:00 Rummikub 3W/3E 15 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Beginning Crocheting MR 2:00 Weight Lifting GR 2:30 Resident Council Meeting HR 3:30 Wii Golf HR 6:30 Evening Shuffleboard</p>	<p>10:00 Crazy Eights Card Game 16 2W 11:00 Garden Walk 12:00 Movie Outing TBA 1:00 Cogni Fit GR 1:15 Bingo HR 2:00 Balance 101 GR 3:30 Happy Hour 3E 6:30 Evening Shuffleboard</p> 	<p>10:15 Chairobics GR 17 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard</p> 
<p>10:00 Garden Walks on Your Own 18 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard</p> 	<p>10:00 Chairobics HR 19 10:30 Painting with John HR 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit HR 3:00 Group Crosswords GR 4:00 Garden Walks on Your Own 6:30 Evening Bingo HR</p>	<p>10:00 Tai Chi HR 20 11:00 Garden Walk 1:30 Load for The Dollar Tree 2:30 Professional Singer "Siana" HR 3:15 Wii Golf HR 4:00 Resident Social HR 6:30 Evening Shuffleboard</p> 	<p>10:00 Rummikub 3W 21 10:30 Jigsaw Puzzle Fun 3E 11:00 Sit and Be Fit 3W 1:15 Bingo HR 3:00 Poolside Social 4:00 Canasta Card Game 3E 5:30 Strolling Ukelelee by Lauren 3E/2W/ DR 6:30 Evening Shuffleboard</p>	<p>10:00 Rummikub 3W/3E 22 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Cogni Fit GR 1:15 Beginning Crocheting MR 2:30 New Resident Orientation HR 4:00 July Birthday Party HR 6:30 Evening Shuffleboard</p>	<p>9:00 Fishing at the Seawall 23 10:00 Phase 10 Card Game 3E 10:00 Chairobics GR 11:15 Aqua Fit 12:00 National Hot Dog Day DR 1:15 Bingo HR 1:30 Load for Walmart 2:00 Balance 101 GR 3:30 Happy Hour 3E 6:30 Evening Shuffleboard</p> 	<p>10:15 Chairobics GR 24 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard</p> 
<p>10:00 Garden Walks on Your Own 25 2:00 Sunday Rummikub 3W 3:00 Puzzle Fun 3E 6:30 Evening Shuffleboard</p> 	<p>10:00 Assessments with Alix HR 26 11:15 Aqua Fit 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni-Fit GR 3:00 Group Crosswords GR 3:00 Afternoon Shuffleboard CT 6:30 Evening Bingo HR</p>	<p>10:00 Tai Chi HR 27 11:00 Garden Walk 2:30 Piano Music by Tony MR 4:00 Resident Social HR 6:30 Evening Shuffleboard</p> 	<p>9:15 Current Events Discussion GR 28 10:00 Rummikub 3W 10:00 Jigsaw Puzzle Fun 3E 11:00 Sit and Be Fit 3W 1:15 Bingo HR 3:00 Poolside Social 4:00 Canasta Card Game 3E 6:30 Evening Shuffleboard</p>	<p>10:00 Rummikub 3W/3E 29 11:00 Garden Walk 11:00 Bible Sharing w/Pastor Ross HR 1:15 Cogni Fit GR GR 1:15 Beginning Crocheting MR 2:00 Saxophone Quartet Concert HR 3:30 Meet and Greet 3W 6:30 Evening Shuffleboard</p>	<p>10:00 Skip-Bo Cards 3E 30 10:00 Chair Yoga GR 11:00 Garden Walk 11:30 Lunch Outing to Red Mesa 1:15 Bingo HR 2:00 Balance 1010 GR 3:30 Happy Hour 3E 6:30 Evening Shuffleboard</p> 	<p>10:15 Chairobics GR 31 10:30 Tech Support Call 5272 11:00 Chapel Service HR 3:00 Scrabble Game GR 4:00 Billiards and Beer GR 6:30 Evening Shuffleboard</p> 