








October 2021 College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10/1 Marilyn W. 3E 10/2 Violet B. 3W 10/6 Betty H. 2W 10/11 Rosalie F. 3W</p>	<p>10/14 Mary Alice O. 2W 10/16 David S. 2W 10/18 Joan L. 2W 10/28 Tony L. 2W</p>			<p>Room Key 1W- 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room</p>	<p>8:00 Beachwalk Pass-a-Grille 10:00 Catholic Mass HR 10:00 Crazy Eights Card Game 3E 10:00 Chairobics GR 11:15 Aqua Fit Pool 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Trip to Walmart 3:30 Happy Hour 3E 6:15 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service HR 3:30 Scrabble Game GR 4:00 Billards and Beer GR 6:15 Evening Shuffleboard CT</p> 
<p>2:00 Sunday Rummikub 3W 2:00 Resident Choice Football Game GR 3:00 Prayer Time w/Dorothy & Millie HR 3:00 Scrabble GR 6:15 Evening Shuffleboard CT</p>	<p>10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit Pool 1:00 St. John's Hearing - Sign up Reception Desk 1:15 Bridge 5W 1:15 Cogni Fit GR 2:00 Beginning Strengthening GR 6:15 Evening Shuffleboard CT 6:30 Evening Bingo GR</p> 	<p>9:00 Banking Trip 10:00 Beginner Rummikub 3E 10:00 Tai Chi w/ Alix HR 11:15 Chair Yoga HR 1:15 Cogni Fit GR 1:15 Load for Aldi Grocery Store 2:00 Weight Lifting WC 3:00 IN2L Computer Games HR 4:00 Resident Social HR 6:15 Evening Shuffleboard CT5</p>	<p>10:00 Chairobics GR 10:00 Puzzle Fun 3E 11:00 Garden Walk 1:15 Cogni Fit GR 1:15 Bingo HR 2:00 Balance 101 GR 2:30 Group Crosswords MR 3:00 Poolside Social Pool House 6:15 Evening Shuffleboard CT</p>	<p>10:00 Tai Chi w/ Alix GR 10:00 Rummikub 3W 11:00 Bible Sharing /Pastor Ross GR 11:15 Chair Yoga 4W 1:15 Crocheting 101 1:15 Cogni Fit GR 2:00 Weight Lifting WC 3:00 Happy Hour 2W 6:15 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 10:00 UNO Card Game 3E 10:00 Chairobics HR 11:15 Aqua Fit Pool 11:30 Lunch Outing to Maggiano's Italian Restaurant 1:15 Bingo HR 3:30 Happy Hour 3E 6:15 Evening Shuffleboard CT</p>	<p>10:00 Rummikub 3W 10:15 Chairobics GR 11:00 Chapel Service HR 1:15 Florida Orchestra Concert "Latin Fire" \$45 3:30 Scrabble Game GR 4:00 Billards and Beer GR 6:15 Evening Shuffleboard CT</p>
<p>2:00 Sunday Rummikub 3W 2:00 Resident Choice Football Games GR 3:00 Prayer Time w/Dorothy & Millie HR 3:00 Scrabble GR 6:15 Evening Shuffleboard CT</p>	<p>10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit Pool 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit MR 2:00 Beginning Strengthening WC 3:00 Group Crosswords GR 6:15 Evening Shuffleboard CT 6:30 Evening Bingo HR</p>	<p>9:00 Banking Trip 10:00 Beginner Rummikub 3E 10:00 Tai Chi w/ Alix HR 11:15 Chair Yoga HR 1:15 Cogni Fit GR 1:15 Load for Publix 2:30 Jerry DeMark on Piano MR 4:00 Wine Tasting Class HR 6:15 Evening Shuffleboard CT</p>	<p>9:15 Current Events Discussion GR 10:00 Chairobics GR 10:00 Puzzle Fun 3E 11:00 Garden Walk 1:15 Cogni Fit GR 1:15 Bingo HR 2:00 Balance 101 GR 2:30 Group Crosswords MR 3:00 Happy Hour 3W 6:15 Evening Shuffleboard CT</p>	<p>10:00 Tai Chi w/ Alix GR 10:00 Rummikub 3W 11:00 Bible Sharing /Pastor Ross HR 11:15 Chair Yoga GR 1:15 Crocheting 101 1:15 Cogni Fit GR 2:00 Weight Lifting WC 2:30 Resident Council Meeting HR 3:30 DVD Musical HR 6:15 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 9:00 Fishing at the Seawall 10:00 Crazy Eights Card Game 3E 10:00 Chairobics GR 10:30 Catholic Communion HR 11:00 Garden Walk 1:15 Bingo HR 2:00 Beginning Strengthening GR 3:30 Happy Hour 3E 6:15 Evening Shuffleboard CT</p> 	<p>11:00 Chapel Service HR 10:15 Chairobics GR 3:30 Scrabble Game GR 4:00 Billards and Beer GR 6:15 Evening Shuffleboard CT</p>
<p>2:00 Sunday Rummikub 3W 2:00 Resident Choice Baseball Games GR 3:00 Prayer Time w/Dorothy & Millie HR 3:00 Scrabble GR 6:15 Evening Shuffleboard CT</p>	<p>10:00 Chairobics HR 10:30 Painting with John HR 11:15 Aqua Fit Pool 1:15 Cogni Fit MR 1:15 Bridge 5W 1:15 Wii Bowling HR 1:30 Craft Class GR Sign up in Book 2:00 Beginning Strengthening GR 3:00 Group Crosswords GR 6:15 Evening Shuffleboard CT 6:30 Evening Bingo HR</p>	<p>9:00 Banking Trips 10:00 Tai Chi w/ Alix HR 11:15 Chair Yoga HR 1:15 Cogni Fit GR 2:00 Weight Lifting WC 4:00 Resident Social HR 6:15 Evening Shuffleboard CT</p> 	<p>10:00 Chairobics HR 11:15 Aqua Fit Pool 1:15 Cogni Fit GR 2:00 Balance 101 GR 3:00 New Resident Orientation HR 5:30 "Strolling Loren" on Ukelele DR 6:15 Evening Shuffleboard CT</p> 	<p>10:00 Tai Chi w/ Alix HR 10:00 Rummikub 3W 11:00 Bible Sharing /Pastor Ross HR 11:15 Chair Yoga GR 1:15 Cogni Fit GR 2:00 Weight Lifting WC 3:30 Oktoberfest Party HR 6:15 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 10:00 UNO Card Game 3E 10:00 Chairobics GR 11:00 Garden Walk 11:15 Aqua Fit Pool 1:15 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR 6:15 Evening Shuffleboard CT</p>	<p>9:15 Sertoma Shuffleboard Tournament & Free Lunch at The Shuffleboard Club 10:15 Chairobics GR 11:00 Chapel Service HR 3:30 Scrabble Game GR 4:00 Billards and Beer GR 6:15 Evening Shuffleboard CT</p>
<p>2:00 Sunday Rummikub 3W 2:00 Resident Choice Baseball Games GR 3:00 Prayer Time w/Dorothy & Millie HR 3:00 Scrabble GR 6:15 Evening Shuffleboard CT</p> <p>31st Happy Halloween! </p>	<p>10:00 Assessments w/Alix HR 11:15 Aqua fit Pool 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit GR 2:00 Beginning Strengthening GR 3:00 Group Crosswords GR 6:15 Evening Shuffleboard CT 6:30 Evening Bingo HR</p>	<p>9:00 Banking Trips 10:00 Tai Chi w/ Alix HR 11:15 Chair Yoga HR 1:15 Cogni Fit GR 2:00 Weight Lifting WC 2:30 Jerry DeMark on Piano MR 4:00 Ladies Social HR 4:30 Guys Night Out Dinner & Drinks 6:15 Evening Shuffleboard CT</p>	<p>9:15 Current Events Discussion GR 10:00 Chairobics HR 11:15 Aqua Fit Pool 1:30 Shuffleboard Tournament Res vs Staff 2:30 Group Crosswords MR 4:30 Dinner Outing to "Middle Grounds" Restaurant 6:15 Evening Shuffleboard CT</p>	<p>10:00 Tai Chi w/ Alix HR 10:00 Rummikub 3W 11:00 Bible Sharing /Pastor Ross GR 11:15 Chair Yoga GR 1:15 Crochet 101 3E 1:15 Cogni Fit GR 2:00 Weight Lifting WC 4:00 B'day & Halloween Party HR 6:15 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 10:00 Crazy Eights Card Game 3E 10:00 Chairobics GR 11:30 Lunch Outing to Harvey's 1:15 Cogni Fit GR 1:15 Bingo HR 2:00 Beginning Strengthening GR 3:30 Happy Hour 3E 6:15 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service HR 1:15 Florida Orchestra Concert Breakin Classical \$45 3:30 Scrabble Game GR 4:00 Billards and Beer GR 6:15 Evening Shuffleboard CT</p>

