









September College Harbor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September 11th-17th is National Assisted Living Week!</p>	<p>Check out all the "Joyous" Events</p>	<p>Happy Birthday 14th- Mary W. 3W 15th- John N. 3W 17th- Richard W. 3W 20th- Frank D. 3E Jane O. 3W 28th- Bob F. 3W</p>	<p>Room Key 1W- 1st floor West 2W - 2nd floor West 3W - 3rd floor West 4W - 4th floor West 5W - 5th floor West 3E - 3rd floor East HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center</p>	<p>10:00 Rummikub 3W/3E 10:00 Chair Yoga GR 11:00 Bible Sharing /Pastor Ross HR 11:00 AquaFit in the Pool 1:00 Canasta Game 3E 1:15 Cogni Fit GR 2:00 Tai Chi w/ Alix GR 3:30 2W & 3W Happy Hour on 3W 6:30 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 9:00 Fishing off the Seawall 10:00 UNO Game 3E 10:00 ChExercise HR 10:30 Catholic Mass GR 11:00 Crocheting Lesson Call 5272 1:15 Bingo HR 1:15 Cogni Fit GR 3:30 Social Hour 3E 6:30 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service HR 2:00 Rummikub 5th FL 3:00 Scrabble Game GR 4:00 Billards and Beer GR 6:30 Evening Shuffleboard CT</p>
<p>1:40 Rays Baseball vs New York Yankees CH 31 2:00 Sunday Rummikub 3W 3:00 Scrabble GR</p> 	<p>10:00 ChExercise HR 10:30 Painting with John HR 11:00 Weight Lifting WC 1:15 Bridge 5W 1:15 Cogni Fit MR 2:00 Thera -Bandwork WC 6:30 Evening Bingo HR</p> <p>Happy Labor Day!</p>	<p>10:00 Adult Coloring Therapy 3E 10:00 Chair Yoga HR 11:00 Skip-Bo Cards 3E 1:00 Audio Book Stories 3E 1:15 Cogni Fit GR 2:00 Tai Chi w/ Alix GR 2:45 Trip to Publix 4:00 Resident Social HR 6:30 Evening Shuffleboard CT</p>	<p>10:00 ChExercise HR 10:00 UNO Card Game 3E 11:00 Military Veterans Meet and Greet HR 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Thera-Bandwork GR 2:30 Wii Golf HR 4:00 Blackjack with Prizes HR 6:30 Evening Shuffleboard</p>	<p>10:00 Rummikub 3W/3E 10:00 Chair Yoga GR 11:00 Bible Sharing /Pastor Ross HR 11:00 AquaFit in the Pool 1:00 Canasta Game 3E 1:15 Cogni Fit GR 2:30 Resident Council Meeting HR 3:30 Rootbeer Floats MR 6:30 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 9:00 Fishing off the Seawall 10:00 Tech Support Call 5272 10:00 ChExercise GR 11:00 Garden Walk 11:30 Lunch Outing to Olive Garden 1:15 Bingo HR 1:15 Cogni Fit GR 3:30 Social Hour 3E 6:30 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service 2:00 Rummikub 5th FL 3:00 Scrabble Game GR 4:00 Billards and Beer GR 6:30 Evening Shuffleboard CT</p>
<p>2:00 Sunday Rummikub 3W 3:00 Prayer Time HR 3:00 Scrabble GR 8:20 Buccaneers vs Dallas Cowboys GR</p> 	<p>10:00 ChExercise HR 10:30 Painting with John HR 11:00 Weight Lifting WC 1:15 Bridge 5W 1:15 Wii Bowling HR 1:30 Craft Class GR Sign up in Book 1:15 Cogni Fit GR 2:00 Thera -Bandwork WC 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p>	<p>10:00 Word Jumbles 3E 10:00 Chair Yoga HR 11:00 The Joy of Cooking- Share Your Favorite Recipes 3E 1:15 Cogni Fit GR 2:00 Cooking Demo w/Chef Lisa HR 2:30 Jerry DeMark on Piano MR 2:45 Joy Ride to Bealls 4:00 Resident Social HR 6:30 Evening Shuffleboard CT</p>	<p>9:15 Current Events Discussion GR 10:00 ChExercise HR 10:00 Sharing Joyous Memories 3E "Bring Photos for Viewing" 1:15 Bingo HR 1:15 Cogni Fit GR 2:30 Joyful Video Clips HR 4:00 Wine Tasting Class HR 6:30 Evening Shuffleboard CT</p> 	<p>10:00 The Joy of Baking 3E 10:00 Chair Yoga GR 11:00 Bible Sharing /Pastor Ross HR 11:00 A Joyful Movie 3E 1:00 Canasta Game 3E 1:15 Cogni Fit GR 2:00 Tai Chi GR 4:00 Friends & Family - A Very Joyous Dinner Party DR/HR/GR 6:30 Evening Shuffleboard CT</p>	<p>9:00 Fishing off the Seawall 10:00 Dominoes Game 3E 10:00 ChExercise GR 10:30 Catholic Communion HR 11:00 Crocheting Lesson Call 5272 1:15 Bingo HR 2:00 Scenic Joy Ride and Frosty Treat at Wendy's 3:30 Social Hour 3E 6:30 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service HR 12:00 Joy Ride to the Movies TBA 2:00 Rummikub 5th FL 3:00 Scrabble Game GR 4:00 Billards and Beer GR 6:30 Evening Shuffleboard CT</p>
<p>1:00 Buccaneers vs New Orleans Saints GR 2:00 Musical Program with Will & Michele HR 2:00 Sunday Rummikub 3W 3:00 Scrabble GR</p> 	<p>10:00 ChExercise HR 10:30 Painting with John HR 11:00 Weight Lifting WC 11:15 Activity Planning Meeting 1st Floor West 1:15 Cogni Fit GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Thera-Bandwork GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>10:00 Chess or Checkers 3E 10:00 Chair Yoga HR 11:00 Nature Walk 1:00 IN2L Computer Games HR 1:15 Cogni Fit GR 2:00 Tai Chi w/ Alix GR 2:45 Trip to Aldi Grocery Store 4:00 Residents Social HR 6:30 Evening Shuffleboard CT</p>	<p>10:00 Adult Coloring Therapy 3E 10:00 ChExercise HR 11:15 Corn Hole Toss MR 11:00 Weight Lifting WC 1:15 Bingo HR 1:15 Cogni Fit GR 2:30 Wii Golf HR 2:30 Group Crossword MR 6:30 Evening Shuffleboard CT</p>	<p>10:00 Chair Yoga HR 10:00 Rummikub 3W/3E 10:00 Jewelry By Michele MR 11:00 Bible Sharing /Pastor Ross HR 11:00 Crazy Eights 3E 1:00 Canasta Game 3E 1:15 Cogni Fit GR 2:00 Tai Chi GR 4:00 September Birthday Party HR 6:30 Evening Shuffleboard CT</p> 	<p>8:00 Beachwalk Pass-a-Grille 9:00 Fishing off the Seawall 10:00 ChExercise HR 10:00 Morning Walk 11:30 Lunch Outing to Island Grille 1:15 Bingo HR 1:15 Cogni Fit GR 3:30 Social Hour 3E 6:30 Evening Shuffleboard CT</p>	<p>10:15 Chairobics GR 11:00 Chapel Service HR 2:00 Rummikub 5th FL 3:00 Scrabble Game GR 4:00 Billards and Beer GR 6:30 Evening Shuffleboard CT</p>
<p>2:00 Sunday Rummikub 3W 3:00 Scrabble GR 4:25 Buccaneers vs Green Bay Packers GR</p>  <p>Rosh Hashanah Begins at Sundown</p>	<p>10:00 Assessments with Alix 11:00 Weight Lifting WC 1:15 Cogni Fit GR 1:15 Bridge 5W 1:15 Wii Bowling HR 2:00 Thera-Bandwork GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p>	<p>10:00 Room Visits 3E 10:00 Chair Yoga HR 11:00 Tech Support Call 5272 1:00 Music Trivia HR 1:15 Cogni Fit GR 2:30 Jerry DeMark on Piano MR 2:45 Trip to Publix 4:00 Ladies Social HR 4:30 Men's Night Out TBA 6:30 Evening Shuffleboard CT</p>	<p>9:15 Current Events Discussion GR 10:00 ChExercise HR 11:00 Weight Lifting WC 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Thera-Bandwork GR 2:30 Group Crossword MR 2:45 New Resident Orientation HR 4:00 Early Dinner Out to "Salt Rock Grill" in Indian Shores</p>	<p>10:00 Chair Yoga HR 10:00 Rummikub 3W 11:00 Bible Sharing /Pastor Ross HR 11:00 Aqua Fit Pool 1:00 Canasta Game 3E 1:15 Cogni Fit GR 2:00 Tai Chi w/ Alix GR 3:00 Tech Support Call 5272 6:30 Evening Shuffleboard CT</p>	<p>8:00 Beachwalk Pass-a-Grille 9:00 Fishing off the Seawall 10:00 ChExercise HR 10:00 Trivia Time 3E 11:00 Weight Lifting WC 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Room Chats 3W 3:30 Social Hour 3E 6:30 Movie Night w/Popcorn HR</p> 	<p><i>September is National Service Dog Month!</i> Thank You Tamale!</p>