





















July College Harbor Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>July is a Great Month for Watching the Olympics!</p> 	<p>10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 1:15 Bridge 5W 1:15 Cogni Fit GR 1:15 Wii Bowling HR 2:00 Chairotics GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>8:30 Aqua Fit Pool 9:00 Banking Trip & Post Office 10:00 Chair Yoga GR 11:00 Stretching Class GR 11:30 Lunch Outing to "Cassis American Brasserie" 1:15 Cogni Fit GR 2:45 Trip to CVS & Walgreens 4:00 Resident Social HR 6:15 Evening Shuffleboard CT</p>	<p>10:00 ChExercise HR 10:00 Rummikub 3W 11:00 Weight Lifting HR 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Chairotics GR 2:30 Group Crosswords MR 3:00 Mexican Dominoes Game GR 4:00 Garden Walks on Your Own 6:15 Evening Shuffleboard CT</p>	<p>8:30 Aqua Fit Pool 10:00 Chair Yoga HR 10:00 Rummikub 3W 11:00 Stretching Class GR 11:00 Bible Sharing /Pastor Ross GR 12:00 Main Meal of the Day 1:15 Cogni Fit GR 2:30 Ice Cream Social w/Alix HR 6:15 Evening Shuffleboard CT Happy 4th of July!!!</p> 	<p>8:00 Beachwalk Pass-a-Grille 9:45 Trip to Publix 10:00 Catholic Mass HR 10:00 ChExercise GR 11:00 Weight Lifting WC 1:15 Cogni Fit GR 2:00 Chairotics GR 4:00 Garden Walk with Friends 6:15 Evening Shuffleboard CT</p> 	<p>10:15 Chairotics GR 11:00 Chapel Service HR 1:00 Kings in the Corner Cards GR 2:00 Rummikub 4th Floor 3:30 Billiards and Beer GR 4:00 Garden Walks on Your Own 6:30 Evening Shuffleboard CT</p> 
<p>2:00 Sunday Rummikub 3W 3:00 Mexican Dominoes Games GR 3:30 Scrabble GR 4:00 Garden Walks on Your Own</p> 	<p>7 10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 1:15 Bridge 5W 1:15 Cogni Fit GR 1:15 Wii Bowling HR 2:00 Chairotics GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p>	<p>8 8:30 Aqua Fit Pool 9:00 Banking Trip & Post Office 10:00 Chair Yoga GR 11:00 Stretching Class GR 11:15 Lunch Outing to "Pier 22" Bradenton 1:15 Cogni Fit GR 4:00 Resident Social HR 6:15 Evening Shuffleboard CT</p>	<p>9 10:00 ChExercise HR 10:00 Rummikub 3W 11:00 Weight Lifting HR 1:15 Bingo 3E 1:15 Cogni Fit GR 2:00 Chairotics 2:30 Group Crosswords MR 3:00 Mexican Dominoes Game GR 4:00 1st Floor Block Party GR 6:15 Evening Shuffleboard CT</p>	<p>10 8:30 Aqua Fit Pool 10:00 Chair Yoga GR 10:00 Rummikub 3W 11:00 Stretching Class GR 11:00 Bible Sharing /Pastor Ross GR 1:15 Cogni Fit GR 2:30 New Resident Orientation HR 6:15 Evening Shuffleboard CT</p>	<p>11 8:00 Beachwalk Pass-a-Grille 9:45 Trip to Publix 10:00 ChExercise GR 11:00 Weight Lifting WC 1:15 Cogni Fit GR 2:00 Chairotics GR 2:45 Trip to Bealls 4:00 Garden Walk with Friends 6:15 Evening Shuffleboard CT</p> 	<p>12 10:15 Chairotics GR 11:00 Chapel Service HR 1:00 Kings in the Corner Cards GR 2:00 Rummikub 4th Floor 3:30 Billiards and Beer GR 4:00 Garden Walks on Your Own 6:15 Evening Shuffleboard CT</p> 
<p>14 2:00 Sunday Rummikub 3W 3:00 Mexican Dominoes Games GR 3:00 Prayer Time HR 3:00 Scrabble GR 4:00 Garden Walks with a Friend</p> 	<p>15 10:00 ChExercise HR 10:30 Painting Class with John HR 11:00 Advanced Weight Lifting WC 1:15 Bridge 5W 1:15 Cogni Fit GR 1:15 Wii Bowling HR 2:00 Chairotics GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>16 8:30 Aqua Fit Pool 9:00 Banking Trip & Post Office 10:00 Chair Yoga HR 10:50 Lunch out to "Der Dutchman" Amish Restaurant 11:00 Stretching Class GR 1:15 Cogni Fit GR 2:30 Piano Music w/ John HR 4:00 Resident Social HR</p>	<p>17 10:00 Chairotics HR 10:00 Rummikub 3W 11:00 Weight Lifting HR 1:15 Cogni Fit GR 1:15 Bingo HR 2:30 Group Crosswords MR 3:00 Mexican Dominoes Game GR 4:00 4th Floor Block Party 4W 6:15 Evening Shuffleboard CT</p>	<p>18 8:30 Aqua Fit Pool 10:00 Jewelry By Michele MR 10:00 Chairotics HR 10:00 Rummikub 3W 11:00 Stretching Class 11:00 Bible Sharing /Pastor Ross GR 1:15 Cogni Fit GR 4:00 July Birthday Party HR 6:15 Evening Shuffleboard CT</p> 	<p>19 8:00 Beachwalk Pass-Grille 9:45 Trip to Publix 10:00 ChExercise GR 10:30 Catholic Communion HR 11:00 Weight Lifting WC 1:15 Bingo HR 1:15 Trip to Tyrone Mall 1:15 Cogni Fit GR 6:15 Evening Shuffleboard CT</p> 	<p>20 10:00 Rummikub 3W 11:00 Chapel Service HR 1:00 Kings in the Corner Cards GR 2:00 Rummikub 4th Floor 3:30 Billiards and Beer GR 6:15 Evening Shuffleboard CT</p> 
<p>21 2:00 Musical Program with Will & Michelle HR 2:00 Sunday Rummikub 3W 3:00 Mexican Dominoes Game GR 3:30 Scrabble GR</p> 	<p>22 10:00 ChExercise HR 11:00 Advanced Weight Lifting WC 11:15 Activity Planning Meeting 1W 1:15 Bridge 5W 1:15 Cogni Fit GR 1:30 Wii Bowling HR 2:00 Chairotics GR 3:00 Group Crosswords GR 6:30 Evening Bingo HR</p> 	<p>23 8:30 Aqua Fit Pool 9:00 Banking Trip & Post Office 10:00 Chair Yoga HR 11:00 Stretching Class GR 11:20 Lunch Outing to "Uielele American Spirit" Tampa 1:15 Cogni Fit GR 2:45 Trip to Aldi's Grocery 3:30 Town Hall Meeting HR 6:15 Evening Shuffleboard CT</p>	<p>24 9:45 Trip to Publix 10:00 Chairotics HR 10:00 Rummikub 3W 11:00 Weight Lifting HR 1:15 Cogni Fit GR 1:15 Bingo HR 2:30 Group Crosswords MR 3:00 Mexican Dominoes Game GR 4:00 5th Floor Block Party 5W 6:15 Evening Shuffleboard CT</p>	<p>25 8:30 Aqua Fit Pool 10:00 Chairotics HR 10:00 Rummikub 3W 11:00 Stretching Class GR 11:00 Bible Sharing /Pastor Ross HR 1:15 Cogni Fit GR 4:00 Friends & Family Dinner Party "Trip to the Bahamas" DR HR GR 6:15 Evening Shuffleboard CT</p>	<p>26 8:00 Beachwalk Pass-Grille 10:00 Chairotics GR 11:00 Weight Lifting WC 1:15 Bingo HR 1:15 Cogni Fit GR 1:30 Olympics Opening Ceremony Eastern Time Zone 6:15 Evening Shuffleboard CT</p> 	<p>27 10:00 Rummikub 3W 10:15 Chairotics GR 11:00 Chapel Service HR 1:00 Kings in the Corner Cards GR 2:00 Rummikub 4th Floor 3:30 Billiards and Beer GR 4:00 Garden Walks with a Friend 6:15 Evening Shuffleboard CT</p> 
<p>28 2:00 Sunday Rummikub 3W 3:00 Mexican Dominoes Game GR 3:30 Scrabble GR 4:00 Garden Walks with a Friend</p> 	<p>29 10:00 ChExercise HR 11:00 Advanced Weight Lifting HR 1:15 Bridge 5W 1:15 Wii Bowling HR 1:15 Cogni Fit GR 2:00 Chairotics HR 4:00 Garden Walks with a Friend 6:30 Evening Bingo HR</p> 	<p>30 8:30 Aqua Fit Pool 9:00 Banking Trip & Post Office 10:00 Chair Yoga HR 11:00 Stretching Class GR 11:30 Lunch Out to "P. F. Chang" 1:15 Cogni Fit GR 2:30 Piano Music w/ John HR 4:00 Resident Social HR 6:15 Evening Shuffleboard CT</p>	<p>31 10:00 ChExercise HR 10:00 Rummikub 3W 11:00 Weight Lifting HR 1:15 Bingo HR 1:15 Cogni Fit GR 2:00 Chairotics GR 2:30 Group Crosswords MR 3:00 Mexican Dominoes Game GR 6:15 Evening Shuffleboard CT</p>	<p>27 Room Key 1W - 1st Floor West 1W - Private Dining Room 2W - 2nd Floor West 3W - 3rd Floor West 4W - 4th Floor West 5W - 5th Floor West 3E - 3rd Floor East HR - Harbor Room GR - Great Room MR - Morning Room WC - Wellness Center</p>	<p>28 Olli Classes at Eckerd College Olli Classes Fill Quickly So Call Early! Need Help Enrolling Call #5211 Members \$10 Non Member \$25</p> 	<p>"Life's a Journey" Traveling to "The Bahamas"</p> 